

Distance Reiki Session (with Jen, Reiki Master)

This is a distance session (Zoom) designed to release, receive, raise your frequency, and connect to the you that is already in divine alignment with all that you love; healthy, empowered, and able to live a life of joy and gratitude. Your mind, body, and soul know how to heal and come back to wholeness. We work together with the guidance of your higher self; and as a team, we are capable of addressing any symptoms, pain, illness, feelings, life circumstances, and/or mental patterns with Reiki energy healing. You may also wish to receive Reiki to relax and reduce stress, to increase your frequency, to connect to your higher guidance, to expand your gifts, gain clarity, shift external circumstances through internally shifting your energy, or for

any reason at all. During the session, you will be in the comfort of your home in a comfortable chair or bed, and I will be in my office. Energy is not limited by distance, so to the energy (and to you and I), it will feel as if we are in the same room. I have worked successfully with clients in New Zealand, Spain, India, and all over the world!

My sessions are shorter, require less of your time, yet are just as effective. Schedule a 20-minute session today or email me with any questions at wellness1221@yahoo.com. When you schedule, the session will say it is for 30 minutes because I prefer to allow time (if needed) for questions, observations,

feedback, etc.

You must schedule at least 24 hours in advance to self-schedule. All are welcome to receive -- adults, children, animals, nursing home residents, hospital patients, hospice patients.

